**Alma** is frustrated with being told what to do and *Mortificación* tells her to deny her passions. *Alma* is annoyed and asks to be left alone. *Mortificación* leaves, warning *Alma* that without her help, life will be very difficult.

*Apetito* comes and tries to seduce *Alma*. He begs for many things, particularly food. *Alma* thinks that he is witty and intriguing, and eventually agrees to bring him the food he asks for.

*Mortificación* re-enters and stops *Alma* from bringing *Apetito* his food. *Mortificación* tells *Alma* to kill *Apetito* and he mocks her. He attempts to plot against *Mortificación* with *Alma*, but she won’t budge. *Apetito* gets bored and falls asleep.

While *Apetito* sleeps, *Mortificación* tells *Alma* the story of Adam and Eve, explaining how *Apetito* was born of the first temptation and sin: giving into desire.

*Apetito* awakes and makes light of *Mortificación’s* story. Both try to convince *Alma* to follow them. *Alma* is torn between the two but begins to be convinced by *Mortificación*.

*Apetito* continues to insist and tries to exercise his influence over *Alma*. *Mortificación* inspires *Alma* to be virtuous. *Apetito* warns that even if he is killed, he has many lives and will return.
Alma prays, and is visited by Oración, who strengthens her. She discusses her experience with Mortificación.

Apetito tells Alma and Mortificación that he can enter even where the Devil cannot, and brags about his successes. Alma is upset by his speech and Mortificación tells her not to worry—with her help, they can triumph over Apetito!

Apetito tries to distract Alma with a story, but she refuses to listen. Alma threatens to kill Apetito, but he warns her that he is immortal.

While Apetito sleeps, Mortificación tells alma the story of Adam and Eve, explaining how Apetito was born of the first temptation and sin: giving into desire.

Apetito awakes and makes light of Mortificación's story. Both try to convince Alma to follow them. Alma is torn between the two but begins to be convinced by Mortificación.

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Apetito is bored and asks to be entertained. He is frustrated when he gets ignored and again pretends to be repentant. Alma, Desnudez, and Mortificación, with the help of Oración, kill Apetito one final time.

Apetito resurrects and begs for food. He complains of the cold ground where he was buried and dares them to try to kill him again. Alma asks for God’s help to overcome Apetito once more.

After the death of Apetito, Mortificación, Desnudez, Oración, and Alma rejoice. They then exhort the audience to be careful so that they too can be free from the enticings of Apetito.